



APRIL CALENDAR

April 3

Easter Party/Pot Luck

April 4

Easter Sunday

April 9

Hot Dog Roast with

Pickin' and Grinnin'

High stakes bingo

Locks of Love

April 10

Club Dance

April 17

Nudiewed Game

Club Dance

April 24

Club Dance

See the [Events Calendar](#) for details of an event/activity

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Whispers

The Official Newsletter of Whispering Pines Nudist Resort

Volume 2 Number 4

April 1, 2010

Spring Clean Up Fix Up Day



Saturday, March 27 was Whispering Pines annual spring clean up fix up day. Many of the members came out with shovels, saws, rakes and assorted equipment for a general spruce up of the property. Grass was mowed, yards raked and dead trees removed. The entrance at the [front gate](#) got a makeover too with the addition of a new [palm tree](#). Everyone took a break at 12:30 and was served lunch before returning to finish up. We would like to thank all who contributed their time and labor to make Whispering Pines a most enjoyable place to be!

Easter Celebration and Potluck Saturday, April 3



Get your golf cart decorated and your Easter bonnet ready and join us in the festivities! There will be a golf cart parade at 2:00 p:m. The Easter Bonnet Show will begin at 3:00 p:m in the clubhouse. Presentation of awards will be made at 4:00 p:m with a pot luck starting at 7:00 p:m. John and Jill will be smoking a ham and deep frying a turkey. There is a sign up sheet in the clubhouse for side dishes. The WP club dance starts at 9:00 p:m.

Locks of Love Friday, April 9



Lop off a members ponytail and it will be sent to Locks of Love. All proceeds raised from this event will be donated to the American Cancer Society Entertainment Fund. Raffle tickets will be 5 for \$5.00. Everyone is invited to participate in this most worthy cause.

AANR Skinny Dip Updates



Plans for the AANR World Record Skinny-Dip are heating up for this year's event on July 10 as part of the Nude Recreation Week festivities. Photos from last year's event as well as comments from those who participated can now be seen by clicking on the skinny dip link above and will be continually updated leading up to the Skinny-Dip Event. Since this AANR page was created it has been one of the most heavily trafficked pages on the AANR website, visited by over 85,000 viewers in the three months leading up to 2009's event.



So It Goes
Humor by Jason Love

Q & A

Q: Why are nudists usually not the people you want to see naked? I'm afraid my eyes could not take the "scenery" if I we're stuck on a beach or at a club with old, fat people. Any suggestions?

A: These days, nudists are probably more reflective of society as a whole, so you're apt to see overweight people

Nudiwed Game April 17



If you remember the ABC TV "Newlywed Game" show from the 60's and 70's with host Bob Eubanks you already know the unexpected answers and surprises that can emerge when questions from the host are answered by the newlyweds. For a completely different perspective, join us for the Nudiwed Game Saturday, April 17 in the clubhouse. Couples who wish to participate as contestants should register no later than April 10. Sign up sheets are in the clubhouse.

Baby Boomer Nudists



Skinny-dipping and nude sunbathing are a part of the American tradition. George Washington did it, so did Ben Franklin. Even John Quincy Adams conducted a press interview while doing it! Mark Twain never provided Tom Sawyer and Huck Finn with swimsuits, and American icon Norman Rockwell painted skinny-dipping boys at the swimming hole for the cover of the Saturday Evening Post

You feel really close to nature when you discard your clothes and feel warm sunshine, fresh air or cool water on the whole of your body. Being naked outdoors gives you a great sense of freedom. Being naked in the presence of others is a pleasurable experience, but it is pleasure in the nicest sense of the word. It is very relaxing and enjoyable.

Europeans have vacationed at nudist resorts and nude and topless beaches for decades. A survey last year showed that 1 in 7 Germans vacation at a nudist resort each year. In Europe, when the temperatures go up, the clothes come off at resorts and beaches.

American baby boomers have now been flocking to nudist clubs and resorts because it's fun. Vacations at clothing optional nudist clubs and resorts opens a whole new avenue of access to happy and friendly people with which to enjoy life.

at the beach or club...that's just how it is.

There is also a trend for people to "find" nudism as they get older, the kids have gone, and they feel comfortable with themselves and worry less about what friends and family might think. By this stage of life, many are no longer the perfect physical specimens you seemed to expect to see. Nobody is going to step out of a Playboy centerfold.

Notice the photo in the article above, "Baby Boomer Nudists." If these are the kind of folks who offend you I respectfully submit that you are not now nor will you ever be a genuine nudist or naturist until you objectively open your mind and become educated to the lifestyles and accept them. You quickly forget that we all get old and fat eventually, as will you.

As far as suggestions....

First, come to expect that this is what real humans are like.

Second, you might think about admiring these folks who have shed their inhibitions regardless of "flaws" and are enjoying themselves on the beach or at the club in an enlightened way. They're not at the beach or club to "be seen", but to enjoy themselves, the fresh air, the sunshine, and the water.

If the older, fat and wrinkled

Baby boomers have always been an experimental generation. It is only natural that they should seek out a new travel experience and fun adventure. Nude vacations are recognized as one of the fastest growing sectors of the travel industry.

For baby boomers that have experienced the free-spirited decade of the '60s, this is like the fun we used to have.....minus the recreational drugs, casual recreational sex and open rebellion. And once you have tried it, it is hard to go back to wearing a bathing suit.

Anything you can do, you can do nude. There are even several nude cruises, nude flights to Mexico, clothing optional condos and luxury resorts and clubs in almost every tourist destination. Many have timeshare opportunities as well.

Nudist clubs and resorts are becoming increasingly upscale with many catering to baby boomers and retirees. You will feel right at home and meet many new friends.

Hot Tubs and Health



A hot tub can provide a soothing, relaxing soak, but it can also turn into a bubbling cauldron of infection and detriments if some caution is not heeded. Certain people, such as those on particular medications or who are pregnant, should probably skip the hot tub altogether. Others can enjoy a soak, as long as it's kept relatively short and some

guidelines are followed.

Over-Soaking

Maximum time in a hot tub should be no more than 20 minutes. That may seem quite short, but any longer can lead to dehydration or your body becoming way too overheated.

Infections

Hot tub temperatures should be kept between 100 and 102 degrees F. If they're not, bacteria can thrive and make people sick. Some water-borne infections common with hot tubs that are not hot enough or clean enough include a form of pneumonia called Legionnaires' disease and pseudomonas folliculitis, which results in pus-filled, red blisters. Soakers can also get sick from respiratory and ear infections if they submerge their heads underwater. Hot tubs that are too hot can damage skin.

nudists really bother you that badly.....don't look or, better yet, stay home.



CELL PHONES AND RADIATION EMISSIONS

There is a serious and growing concern if cell phones are safe to use and not if, but to what extent does cell phone radiation cause [brain cancer](#). To watch a video of radiation from cell phones popping popcorn kernels [click here](#) and then you decide. Radiation is also airborne. However, it is not yet proven if cell phone radiation affects only the user or the user and those in close proximity to him. Research continues on second hand passive cell phone radiation as a serious public health risk,



RV REPAIR

Is your camper in need of repairs? James, with Good Neighbor RV Repair Services will work on one or several campers for a flat

Pregnancy

Pregnant women should avoid hot tubs as the heat makes their bodies too hot to be safe for unborn babies. Babies who are in too warm of a womb may be injured or killed.

Medications

Anyone who is taking blood thinners for a pre-existing condition, such as those with heart disease or clotting issues, should avoid or severely limit their time in a hot tub. Blood thinners can make the body very sensitive to high temperatures, resulting in dizziness or nausea. Likewise, those who are on blood pressure medication should ask their doctors before enjoying a soak. Other prescription medications may also make folks light-headed or sedated, two more reasons to avoid a hot tub.

Partying

Hot tubs can be the life of a party, for sure, but they can also lead to death if revelers are not careful. Folks who are drunk or who have consumed large quantities of alcohol or drugs should definitely steer clear of a hot tub. Being under the influence distorts reasoning and motor skills, both of which can lead to drowning or other problems from over-soaking. Party hearty! But party sensibly.

Nudist Club Gets Down To The Essentials

"Safer than going out to a bar"

Courtesy of "The Daily Texan" Newspaper, Austin Texas

By Roxanna Asgarian



The [Hill Country](#) non landed Nudist Club near Austin, Texas throws clothing optional themed parties that are open to the public. The theme of the most recent party was "Peruvian night" and featured Pisco sours, empanadas and ceviche. As I head down the winding, tree-lined Highway 71 on Saturday evening, I can't help but feel butterflies in my stomach. I am going to the home of John and Connie, who withhold their last names,

to have my first social nude experience.

Pulling up to the driveway, I am floored by the beautiful, secluded home.

I shyly ring the bell and look through the glass front door into the house, and see an awesome view of Lake Travis, which lines

fee of \$125 per service call. Two or more campers can split the service fee. Call James at 843-602-4524.



MASSAGE

The Whispering Pines Massage Therapist is available on weekends. You may obtain contact information from the office in advance or sign up on the massage schedule once you arrive. Nationally certified - NC License #0365



WHISPERING PINES

C STORE

NEW! TIE DYE T's!

The Whispering Pines mini C store stocks many of the things nudists ask for most from sunscreen to T's. Visit the office to see the full line product line. And be sure to see the Whispering Pines T shirts and pocket T's featuring attractive lettering and gold silk screen design on 100% top grade cotton. And be sure to see the new tie die T's! Sizes range from small to 2XL. T's and tanks are \$13.50. Pocket T's and Tie Dye T's are \$15.00 Prices do not reflect sales tax.

the backyard. A naked man appears in my line of vision. I blush as he beckons me in.

"Here goes," I think, as I strategically avoid his lower region with my eyes as he directs me to a room to change. On the way, I glance at 10 or so middle-aged people, mostly couples, hanging out by the bar. Most of them are naked, although some have on a shirt or a sash covering select parts of their bodies.

We talked at length about nudism before the event, and they set my mind at ease. I was curious to know what goes down at a nudist event and how I would handle being naked in public.

"Women have an additional barrier to nudism," one man said. "Many women don't know whether nudism in a group setting will be safe, when actually it's incredibly safe. It's safer than going out to a bar, because you know and trust these people."

I thought it was funny that, before I went to the Hill Country Nudists' gathering, all my friends asked, "What are you going to wear there?" as if my outfit would be even more important since it would only be on for five minutes. I have on yoga pants and a T-shirt, and when John drops me off in the guest room with two other changing women, I peel them off.

The youngest woman there, besides me, is 24 and also a UT student. Other than that, the crowd is primarily middle-aged and most of them have their partners with them, which helps me loosen up and let my arms hang by my sides, rather than gripping tightly around my body.

They all introduce themselves as I crack open a Red Stripe and someone blends Pisco sours, a traditional Peruvian drink that tastes like a margarita topped off with bitters.

The theme of the evening is "Peruvian night," and Virginia and Carlos, a married couple from Peru, fix empanadas and ceviche in the kitchen.

Then I meet Paul, who takes me out to the backyard to look at the view. In the back of my mind I wonder if "look at the view" means different things to each of us, but I figure I'm here to participate. Once I am naked, I feel like the hardest part is behind me. He is surprised when I tell him this is my first social nude experience. "You seem so at ease," he said.

I take that as a compliment. I had been worried leading up to the event that I'd arrive to find some massive middle-aged orgy, or that I wouldn't be able to stop looking at all the penises on display. But no orgies (at least in front of me) and I only sometimes glance at the penises, a little. The ceviche and



**BACK IN TIME AT
WHISPERING PINES**
Notes From April, 1977

Hot and dry this month. We bought a bunch of sprinklers and had them running pretty much non stop all month. We had spent too much money and time on shrubs, flowers and grass seed to lose them all now.

A wooden sign was made for the entrance way.

We brought in some heavy equipment to do some clean up work on the grounds. We also had fill dirt brought in and used it to build up the volleyball court and some of the RV sites.

We finished our first club newsletter, "The Sunlight Times" and gave it to a member to type up for us. We had a bunch of them printed. It's a little rough around the edges but it will get better over time. We also wrote articles promoting Apollo and sent them to The Bulletin, Bare In Mind and The Natural Life.

We got our vegetable garden planted and got in some work for a couple of lot owners. The nice weather brought in a few visitors and we finally got a good rain at

empanadas are divine, and the atmosphere is relaxed, friendly and respectful.

After dinner, the group takes turns in the hot tub, which is housed in a room with hanging plants and a wall of windows overlooking Lake Travis. Saturday evening also happens to be Earth Hour, a time when people around the country are urged to turn off the lights and conserve energy for one hour.

So off go the lights, and I sit in the hot tub, in the dark, with a couple of middle-aged men. I marvel at the fact that there isn't even a hint of sexual overtone.

I'm serious. They're asking me about my career goals and I am responding openly. I definitely feel naked, but I don't feel exposed or sexually objectified.

I realize that these people are onto something, and that it takes maturity to be able to hold it down like this when you're all nude.

At the end of the evening, after retreating to the guest bedroom to put my clothes back on, I say my goodbyes. I am invited back and told to bring friends. I take their invitation seriously, but am not sure if I want to become a lifetime member just yet. I hug the women and men and promise to come back.

"Organized social nudity does not make you a nudist anymore than going to church makes you a Christian" (Author unknown)

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[Send An Email To Whispering Pines](#)

In Season Office Hours:

9 am - 6 pm

Off Season Office Hours

9 am - 4 pm

NEWSLETTER CONTRIBUTIONS

"Whispers" is published monthly on the first calendar day of each month. Members are encouraged to participate in this newsletter. If you have a contribution for the newsletter, let us know! Send your ideas or articles to us from the "Contact Us" page on the web site or [Click Here](#). The deadline for submitting all newsletter content is the 25th of each month.

the tail end of the month.

Continued next month.....



WORSHIP SERVICES

Worship services are held at 10:00 each Sunday morning in the screen house with prayer and a short message.

LETTERS TO THE EDITOR

Please send letters to the Editor from the "Contact Us" page of the web site or [Click Here](#)

ARCHIVES

View past issues of "Whispers" in The Archives [Click Here](#)

*Whispers*_(tm)

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