



MARCH CALENDAR

March 12

High stakes bingo

March 13

St. Patrick's Day
Celebration

March 27

Spring clean up

"Whispering Pines Has
Talent" Show!

See the [Events Calendar](#) for
details of an event/activity

Send this issue of
"Whispers" to friends

Change your email address

"Whispers" Classified Ads

How To Apply For
Membership

Membership Application



Whispers

The Official Newsletter of Whispering Pines Nudist Resort

Volume 2 Number 3

March 1, 2010



First Anniversary



This month marks the first anniversary of the "Whispers" Newsletter. We started with only 98 subscribers just one year ago in March of 2009 and quickly grew to over 500 by the following November. As of this issue, we now have 563 subscribers. "Whispers" has covered a gamut of everything affecting the Club since March, 2009.

In the inaugural March 2009 issue we covered St. Patrick's Day's events and had the annual spring clean up and improvement weekend.

In April we welcomed the new owners John and Jill Frick and made a full report on the March Spring cleanup and club improvement weekend complete with photos! June saw the construction of the sand volleyball court.

July was a blockbuster month! We covered the AANR lobbying of Capitol Hill. Then there was the Fourth of July events and wine and cheese parties, National Nude Weekend, the Travelites annual canoe trip, the forming of the 8 ball pool league, Parrot Head night, raffle tickets, the launch of "Whispers" Classified Ads, the new designed

**2010 SKINNY DIP
DATE ANNOUNCED**

Mark your calendars now for the 2010 AANR World Record Skinny-Dip. On Saturday, July 10, 2010 AANR will try to beat its own world record for the most people simultaneously skinny-dipping. Last year, a total of 13,648 participants skinny-dipped in 143 locations throughout North America.

For your convenience "Whispers" will provide a text link in each future newsletter to the AANR skinny dip update page from now until the official, final count.

[Click here](#) to read about last year's event plus continuous updates, details and need-to-know information as the date approaches.

COMING IN APRIL

The Nudiewed Game! Couples that would like to participate please sign up in the club house by April 10. More details later.



RV REPAIR

Is your camper in need of

Whispering Pines T's and the biggest event of all....the July 11 skinny dip event which gave us national coverage in the New York Daily News, television coverage from WAAY-TV and skyrocketed "Whispers" readership by 200% overnight! The Whispering Pines skinny dip total was 260. The nationwide total was 13,648 as the grand finale to National Nude Weekend!

And that is only a few of the events and activities that occurred. Most of them were firsts for Whispering Pines. The list is too long to mention them all.

It was a wonderful year for "Whispers" and for Whispering Pines under new ownership. We look forward to covering all the news that the 2010 season will bring.

Spring Begins March 20!



Snoopy says.....

"Spring!
is almost here.

Spring! is the time to cheer.

Spring! warm breezes will finally be here.

Spring! the sky will be so blue and clear.

Spring! is almost here."



**Annual Spring Clean Up
Saturday, March 27**

It's time for the annual spring cleanup. We welcome any help you can give.

We need to get the club ready for another wonderful season. Clean up will be from 10:00 a:m to 4:00 p:m with lunch being served at 12:30 p:m

Over 4,000,000 YouTube Views...and Counting

Courtesy of AANR

With videos that are informal, creative, playful, and experimental yet professional, Nude Revolution TV (NRTV) wants to motivate people to try nudity or visit a nudist club. The NRTV team provides a way for those who are interested to plug into their network of young nudists, VitaNuda, an outreach tool and platform to connect young people together in the name of nudism serving no other purpose beyond simply bringing young nudists together.

[Click here](#) to check out NRTV's videos, including "What is Nudism" which has had over 4,000,000 views on YouTube.

Clothing Optional Church Makes TV News

repairs? James, with Good Neighbor RV Repair Services will work on one or several campers for a flat fee of \$125 per service call. Two or more campers can split the service fee. Call James at 843-602-4524.

WP HAS TALENT

Whispering Pines Has Talent will debut on Saturday night, March 27. Get an act together and sign up! A sign up sheet is in the club house. The talent show begins at 8:00 p:m



MASSAGE

The Whispering Pines Massage Therapist is available on weekends. You may obtain contact information from the office in advance or sign up on the massage schedule once you arrive. Nationally certified - NC License #0365

Q & A

Q: Can I expect any real health benefits from nudism?

A: It depends on which nudism lifestyle you practice, nudist or naturist. The nudist lifestyle is social nudism without any emphasis on physical and

White Tail Resort, our neighbors to the north in Ivor, Virginia, was a featured news story on WVEC TV in Norfolk this past February 23. [Click here](#) to read the full story and watch the video clip.

Naked Truths About Nude Vacations

The popular online magazine and website Suite 101 wrote that people should consider clothing optional vacations as an alternative to regular clothed vacations. A national travel survey revealed that 10 percent of active travelers expressed interest in taking clothing

[Read more](#)

Nudist or Naturist?

Why They Are Two Seperate Lifestyles



Words and phrases sometimes become blurred in their meaning when getting lost in the English language. Like the word "Resort." Every nudist club in the world refers to itself as a resort whether it is or not.

In truth there are landed clubs, non landed clubs, resorts and campgrounds. You can be either one of the four, but not more than one at the same time because each entity is distinctly different from the other.

Likewise, the many different uses (or misuses) of the words "nudist" and "naturist" have blurred the line of demarcation. To fully understand just which is which, let's first consider the definition of each term from Webster's Unabridged Dictionary.

Nudist ~ noun - "A social practice in which the sexes interact freely (nude) but commonly without engaging in sexual activities at specially secluded places."

Naturist ~ noun - "The practice of going without clothes, generally for reasons of physical and mental health, nature appreciation or comfort."

Healthy eating and exercise along with mental and spiritual health were essential to early naturist practice. What happened? It's as if when people took off their clothes they forgot why. Originally, it was for physical and mental health. Now, it seems that naturists are lumped in together with nudists and that both are one in the same. Not true!

Naturists don't just laze around a pool or on a beach in the sun to the exclusion of swimming and hiking and nude gardening and similar healthy activities. Naturism is not just sunbathing – far from it.

mental health or naturist ideals. However, the naturist lifestyle embraces traditionally healthy living, a healthy diet, good mental health and shuns unhealthy habits. Your mental health is improved by the positive attitudes about self-image, relief from stress and just plain relaxation.

There are some benefits specific to naturism that have not as yet been scientifically proven, such as.....direct sunlight being valuable for all parts of the human body and pregnant women benefiting from sunlight. Eyesight is allegedly improved by exposure to natural light and the body's circulation supposedly may be improved by the lack of constrictive clothing. Doctors also have been known to prescribe naturism for skin problems and general well being.

Given the differences between the two lifestyles and the alleged benefits that are not yet scientifically proven, it is for you to decide if you derive any health benefits from embracing naturism instead of the nudist lifestyle.

Naturists do not eat unhealthy foods. A restaurant at a real resort serves much more than burgers and fries and sugar crammed sodas. Naturists by definition are healthy eaters.

Naturists do not gather together to drink to excess and do drugs as if getting naked somehow encourages obviously unhealthy practices. On the contrary, naturism discourages bad habits.

Naturists do not neglect mental and spiritual stimulation and hide from others. They demonstrate that they are different, not "sheep" by stepping outside the constraints of society and culture and rejecting the negative effects of "textiles" and sexual perversion. Naturists are leaders, teachers, missionaries and seekers after all truth, not fearful mental prisoners.

Perhaps nudists are okay with an unhealthy lifestyle, but not naturists. Naturists are physically active, eat healthy food, avoid unhealthy habits, seek mental and spiritual advancement and encourage others to understand so they also can live in true health.

The next few thousand times that you use either term "nudist" or "naturist" be sure of what it is that you mean to convey.

Back in Time at Whispering Pines

Notes From March 1977



Beautiful weather! It is mostly in the 70's with lots of sunshine. We are actually able to get a start on our all over tans.

March 6 is one year to the day we first set foot on this land that was to become Apollo. Still, no regrets. Five more loads of sand were delivered on two sides of the lake. (I'm thinking of it as a lake now instead of a pond.) We worked on it under a full moon spreading the sand, before it rained. The beach areas are looking so much better than last summer. Most of the scars from the tractors and the bulldozers have settled out.

We are in the planning stages of putting out a newsletter. More on that as we get further along.

We need some sitting areas throughout the grounds. There is no place for visitors to hang out. We used what was available and cut logs into four to six foot lengths and before we knew it, we had about a dozen seats scattered around the club.

Continued next month.....



Daylight Savings Time begins Sunday, March 14. Set your clocks ahead one hour at 2 am your local time.



WHISPERING PINES C STORE

The Whispering Pines mini C store stocks many of the things nudists ask for most from sunscreen to T's. Visit the office to see the full line product line. And be sure to see the Whispering Pines T shirts and pocket T's featuring attractive lettering and gold silk screen design on 100% top grade cotton. Be sure to see the new Ti Die T's! Sizes range from small to 2XL. T's and tanks are \$13.50 and pocket T's are \$15.00 plus tax.

"Organized social nudity does not make you a nudist anymore than going to church makes you a Christian" (Author unknown)

Whispering Pines Nudist Resort and Campgrounds
1114 Sun Street
Ocean Isle Beach, NC 28469
910-287-6404 (Office)
910-287-6549 (Fax)

www.whisperingpinesnudistresort.com

[Send An Email To Whispering Pines](#)

In Season Office Hours:

9 am - 6 pm

Off Season Office Hours

9 am - 4 pm

NEWSLETTER CONTRIBUTIONS

"Whispers" is published monthly on the first calendar day of each month. Members are encouraged to participate in this newsletter, If you have a contribution for the newsletter, let us know! Send your ideas or articles to us from the "Contact Us" page on the web site or [Click Here](#) The deadline for submitting all newsletter content is the 25th of each month.

LETTERS TO THE EDITOR

Please send letters to the Editor from the "Contact Us" page of the web site or [Click Here](#)

ARCHIVES

View past issues of "Whispers" in The Archives [Click Here](#)

Whispers (tm)

Whispers Newsletter Editor and Publisher: Joe Lawless

Contributing Editors: John and Jill Frick

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WORSHIP SERVICES

Worship services are held at 10:00 each Sunday morning in the screen house with prayer and a short message.

