

## FAQ's - Frequently Asked Questions

### **Does Whispering Pines close during autumn and winter?**

No. Whispering Pines is open twelve months a year.

### **Is nudity mandatory?**

The only areas on the property where nudity is required is in the pool and hot tub area and in the clubhouse. Proper attire is required in these areas. Women: nude, shirt or wraps are allowed. No provocative clothing. If you have to ask, it probably is. Men: nude or shirts. No shorts or slacks. All other areas of the property are clothing optional.

### **Are you situated on the ocean or do you have an ocean front beach?**

No. We are eleven (11) miles inland from the ocean.

**How do I apply for membership in Whispering Pines?** You must be of good reputation and moral character with no felony convictions. You may be a couple (male/female) or a single. You must be 21 years of age or older with a photo ID. References and/or a background check may be required. Get in touch with the office and request an application for a membership application. All requests for a membership application must be made either in person or in writing or you can download an application. Fill out the application completely and return it to the office. Please allow up to 5 business days from the date of our receipt for your application to be processed. Payment of annual membership dues will be required upon approval. Annual dues are \$425.00 couple or single. Whispering Pines reserves the right to decline any application that we feel is not in the best interests of Whispering Pines. [\*\*MORE INFORMATION ABOUT MEMBERSHIP\*\*](#)

### **What should I bring with me when I visit?**

A towel is probably the most important item. It is used for a multitude of reasons. You should always sit on it whenever you sit on a chair or lounge. This is not only for personal hygiene, but also out of courtesy to others. You can use it to cover up with if you get too much sun on your shoulders, to dry off with after using the pool, sauna, or spa; and to lie on. A pair of sandals or comfortable casual shoes or thongs for walking, sunscreen, lotion, sunglasses and of course clothes to wear if it gets cool.

### **What is proper clubhouse attire?**

Whispering Pines is a clothing optional, family oriented nudist resort. Your behavior must be conducive to a family atmosphere at all times. Proper attire is required in the clubhouse. Women nude, shirt or wraps are allowed. No provocative clothing, if you have to ask, it probably is. Men, nude or shirts, no shorts, slacks. Please do not put yourself or the management in a situation where you may be asked to change or leave.

What are the office hours?

Office Hours:

In Season

9 am - 6 pm

Off Season

9 am - 4 pm

### **When can I check in?**

Check in time is 2 PM and check out time is 12 noon. Arrivals earlier than 2 PM may check in if there is a rental unit, RV space or campsite available.

### **What is Nude Recreation?**

Nude Recreation is a form of stress relief as well as a fantastic way to enjoy daily living, holidays, weekends, and vacations. It is also a very good way to get a "seamless" tan. See [What Is A Nudist?](#)

### **Why do people choose nude recreation?**

There are as many different reasons for choosing nude recreation as there are different types of people and recreational choices. People who enjoy being nude are diverse in age and profession. Without the restrictions of clothing, we enjoy a sense of well being while participating in activities like swimming, hiking, volleyball, boating, tennis, and socializing.

### **Will I feel self conscious being nude?**

After the first 10 minutes, most people begin to feel very comfortable. In the friendly, accepting atmosphere of a club you may soon find any self consciousness melting away. Most people say "I feel so relaxed! I wish I'd done this years ago"

### **I am a woman and I have concerns about my safety and other issues. Where can I find information that will help me?**

Women have unique concerns. View all the links on the Home Page under "Social Issues"

### **What is the difference between a naturist and a nudist?**

The many different uses (or misuses) of the words "nudist" and "naturist" have blurred the line of demarcation. To fully understand just which is which, let's first consider the definition of each term from Webster's Unabridged Dictionary.

Nudist/Nudism ~ noun - "A social practice in which the sexes interact freely but commonly without engaging in sexual activities at specially secluded places."

Naturist ~ noun - "The practice of going without clothes, generally for reasons of health, nature appreciation or comfort."

Healthy eating and exercise along with mental and spiritual health were essential to early naturist practice. What happened? It's as if when people took off their clothes they forgot why. Originally, it was for physical and mental health.

Perhaps nudists are okay with an unhealthy lifestyle, but not naturists. By definition, naturists are physically active, eat healthy food, avoid unhealthy habits, seek mental and spiritual advancement and encourage others to understand so they also can live in true health.

Some naturist's do not participate in social nudity and some do not have or desire to have any "political" associations with organized nudist groups.

**What if I met someone in the textile world that I had known in a nudist club and he or she informed on me in front of others? I would be mortified!**

We would respectfully suggest that neither one of you are nudists or ever have been. Both of you just like to idea of walking around without clothes. Lot's of people do. But if you are that afraid that someone will embarrass or humiliate you, don't even think about socialized nudism until you have educated yourself on the proper nudist perspective and have resolved within yourself that shame and embarrassment by others are not part of your life. True nudists are never embarrassed nor go for shock value in front of other people. Part of the freedom of socialized nudism is not only the freedom of the body but also freedom of the mind! Without one you cannot have the other.

**Do I have to be a member to get into a nudist resort?**

No, not at most resorts. Visit their web site or call first before visiting a club in order to find out their particular policy.

**Will people stare at me?**

No. Nudists do not have a need, or the desire, to stare at others. Basically we are all the same and there is nothing to stare at.

**Does nudism create sexual arousal?**

Being nude is not itself inherently sexual. Nudists at a park or club are participating in recreational activities. Equating nudism with sex is a common misconception that may stem from the generally held belief that people are only nude during bathing and sex. Nudism is simply about enjoying life naturally and accepting the human body for what it is.

**What if I (a male) get an erection?**

This problem occurs far less frequently than you might think. Nude recreation is not a sexual situation for participants. If you get an erection at a nude beach or other social nude setting, naturist's generally yield a bit of elbow room to avoid making you feel uncomfortable; you should use your judgment to avoid making them feel uncomfortable. If necessary, take a swim or roll over for a short while or temporarily cover up with your towel. In any case, just use common sense and be considerate.

**What if I (a female) am menstruating?**

Again, this is a natural occurrence and it is one of the realities of the body with which women have to deal. If a woman is comfortable with one, a tampon is the simplest method of dealing with that time of month. If an external conveyance is preferred then she would wear shorts or bikini bottoms. For the most part, a woman should use what she feels is less obtrusive for her personally. Others aren't going to notice or object.

**Will I feel uncomfortable being around naked people?**

Maybe for the first few minutes, but then you will forget that you are without clothes. Many people decide to get nude faster than they planned because they felt uncomfortable being the only clothed person around.

### **Are nudist resorts only for single people?**

On the contrary. You will find single people, married people, couples, and many children at nudist parks. They come from all walks of life, all ethnic origins, all religions, and from all occupations. However, many resorts unfairly discriminate against single males and/or impose "gender quotas" against single males while readily admitting single females with no gender quota. If you are a single male check the resort's policy.

### **If there is nothing wrong with being nude, why has it been kept a secret so long?**

It has not been kept a secret. Social nudism started in the US in 1929. It was brought to the US from Germany where nudism has been accepted for centuries. Europe has always accepted nudists and thinks nothing of it. But in the United States where people think they are so cool and "with it" most are still harboring inhibitions about the nude human body.

### **Why is organized nudism associated with sex?**

It isn't, not to genuine nudists. Only those who are not genuine nudists and those who prefer to remain ignorant on legitimate nudism view nudity as sexually related. It is very common to assume that men associate nudity with sex while as many women, if not more, also think that legitimate organized nudism is associated with sex. Such people are not genuine nudists.

### **Isn't it wrong to have kids see you nude?**

Why would it be wrong? If it is simple nudity without sexual connotations, there is absolutely nothing wrong with it. In fact it has been proven that children who are nudists have many less hang-ups about sexuality and growing up than those who lead a "sheltered" life. If parents stopped trying to hide simple nudity from their children there would be a better understanding and more open communication between parents and children. Too often children are uptight about the changes taking place within them and are afraid to talk about it because they feel it is taboo. Seeing each other nude tends to break down those barriers and makes it easier to speak about one's feelings without fear.

### **Don't nudist kids experiment a lot seeing others nude?**

No, in fact there is less experimenting in the nudist environment than in the textile environment because children being raised as nudists have no need to peek, check others out or to play doctor because they see it all without having it hidden. The mystery is not there. It is really a healthy way to raise children. They have more respect for each other, and for everyone else. They do not snicker or giggle when they see a nude body like a lot of kids do.

### **My husband wants me to try it, but I think that he would spend all of his time looking at other women.**

If he wants to try nude recreation with you, he is proud of you and wants you at his side.

### **What do I do if someone "hits" on me? (Woman) Isn't that common?**

No, it is not common at all. It rarely happens, and if by chance it does, all you have to do is report it to the office and steps will be taken to insure that it does not happen again. That type of behavior is not tolerated among singles or couples and will cause you to be permanently evicted.

**Do men walk around with erections all of the time like I have heard?**

No, that is far from the truth. Erections are very uncommon because any man that is at the park is there only for the enjoyment of the sun and fellowship. If by chance a man gets an unexpected erection he will cover up with a towel, roll over onto his stomach, or otherwise hide it until it subsides. Any man flaunting an erection will be asked to leave the grounds and not return.

**My wife wants to visit a nudist resort, but I am afraid that I will feel inferior once she sees all of the other men walking around nude. How do I handle this?**

Everyone is different in some ways, but in most ways we are all the same. There is no reason to feel inferior because she most likely will be looking more into the eyes of everyone she sees and will not be paying attention to other areas. It has been said many, many times that there is more eye contact at a nudist park than there is in any other place. Feeling inferior about anything is nothing but emotional insecurity.

**What is the best age to bring children to a nudist type place?**

Any age is ideal. Probably the only time that it may be difficult for some kids is just at the time they are entering puberty. It all depends on how open you are with your children.

**How accessible are nudist resorts?**

Resorts are secure and private. Staff members are careful about who enters their facilities. It's not easy for a nonmember to show up unannounced and gain entrance. Thus, if someone seems to be there for the wrong reasons the resort staff will handle the situation in the proper fashion.

**What are the ages that we will see at nudist resorts?**

You will find infants to great grandparents. There are first, second, and even third generation nudists at lots of the resorts.

**Is Nude Recreation Legal?**

Yes, it is perfectly legal in areas designated as nudist resorts, clothing optional areas and of course nude beaches. Nudist resorts are legal in every state except Arkansas.

**Must I be nude all of the time if I go to one of "those places"?**

Common sense dictates that when the weather is not conducive to being nude people should be dressed. Most resorts allow a person to get undressed at his/her own pace and some are clothing optional. Whispering Pines is clothing optional except for the hot tub and pool area.

**How do children fit in at nudist resorts?**

Children participate at nudist clubs and resorts as they do in any other family environment. They are the ones who stand to gain the most from nude recreation because of the positive influences on their psychological development. Many mental health professionals agree that family nudity promotes a healthy self-concept during the formative years.

**I do not have a "perfect" body. Will people laugh at me?**

Women are particularly enslaved and automatically conditioned to the American notion of the perfect figure or body. No, nudists do not laugh at others. They accept you for who you are and not for how you look. We all have blemishes, scars, and imperfections, and there is no such thing as a perfect "10". Tall, short, average, overweight, young or old, it doesn't matter. Genuine nudism

is about total body acceptance no matter the condition. Think of the human body as a package. The package can be wrapped in gold foil and contain a lump of dirt. Then again the package can be wrapped in old newsprint and contain a rough-cut diamond. In other words, it is what is on the inside that counts.

[www.whisperingpinesnudistresort.com](http://www.whisperingpinesnudistresort.com)